



# Herefordshire & Worcestershire Practice Nurse Forum Agenda

**Thursday 30<sup>th</sup> September 2021 / 12:15pm – 4:30pm**  
**Microsoft Teams Live Event**

| Time    | Topic   | Presenter   |
|---------|---|---|
| 12:15pm | Welcome & Housekeeping  | <b>Nina Lealan</b><br>H&W Practice Nurse Lead   |
| 12:30pm | Coping with Stress during Covid 19 Pandemic and Ethnic, Diversity & Inclusion | <b>Study by Dr Awais Pandhiani</b><br>GPST3   |
| 1:15pm  | Long COVID & Spirometry Update  | <b>Beverley Bostock</b><br>RGN MSc MA Queens Nurse  |
| 2:00pm  | Successfully Navigating the world of perimenopause & menopause.               | <b>Dr Stephanie Manton</b><br>GP Multi-Professional Educator  |
| 2.45pm  | Tea and Coffee Break  |   |
| 3:00pm  | Cranstoun Service, Alcohol & Substance Referral Pathway & Interventions.      | <b>Chloe Baxter Vickers &amp; Pete Szczepanski</b>  |
| 3:30pm  | Diabetes Transformation update & introduction to Diabetes Clinical Lead       | <b>Dr Ritesh Dua &amp; Tina Dixon</b>   |
| 4:00pm  | NHS Digital Weight Management Programme                                       | <b>Speaker TBC</b><br>Senior Programme delivery and contract manager for NHSE England & NHS Improvement |
| 4:30pm  | Thank You & Close   |   |

**Book Now using the link below:**

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